

2020 RECREATION PROGRAM SCHEDULE (JUNE 1 – JUNE 5)

The City of Alpine is pleased to announce the 2020 Recreation Program Schedule! All ages are welcome to join in on this week's activities. All activities will take place at Kokernot Park.

MONDAY, JUNE 1ST 7:15 A.M. – 8:00 A.M. YOGA 8:00 A.M. – 9:00 A.M. WALKING 9:30 A.M. – 10:30 A.M. FIELD DAY GAMES 6:30 P.M. – 8:00 P.M. CONDITIONING

TUESDAY, JUNE 2ND	
$7.15 \land M = 8.00 \land M$	

BODY WORKOUT

8:00 A.M. – 9:00 A.M. WALKING

9:30 A.M. – 10:30 A.M. ARTS & CRAFTS

6:30 P.M. – 8:00 P.M. CONDITIONING WEDNESDAY, JUNE 3RD 7:15 A.M. – 8:00 A.M. YOGA 8:00 A.M. – 9:00 A.M. WALKING 9:30 A.M. – 10:30 A.M. STORYTIME

6:30 P.M. – 8:00 P.M. CONDITIONING

THURSDAY, JUNE 4TH
7:15 A.M. – 8:00 A.M.
BODY WORKOUT
8:00 A.M. – 9:00 A.M.
WALKING
9:30 A.M. – 10:30 A.M.
SCAVENGER HUNT
6:30 P.M. – 8:00 P.M.
CONDITIONING

FRIDAY, JUNE 5TH	
7:15 A.M. – 8:00 A.M.	
YOGA	

8:00 A.M. – 9:00 A.M. WALKING

6:30 P.M. – 8:00 P.M. CONDITIONING

6:30 P.M. – 10:30 P.M. MOVIE NIGHT

